

INSTRUCTIONS FOR PATIENTS SCHEDULED FOR SEDATION

Dear Patient,

For your safety, all of these instructions must be strictly adhered to. Neglecting any of the following may compel the doctor to cancel the treatment and a cancellation charge may be incurred.

1. Do not eat **anything** for eight (8) hours before your scheduled appointment. Patients for morning treatment shall have no food or liquid after midnight.
2. Medications normally taken, **should** be taken unless otherwise agreed upon by this office, and may be taken only with a sip of water. Prophylactic antibiotic and pain killer should also be taken as prescribed by our office. Please inform our office of any change in your medications.
3. Wear short sleeves, flat shoes and warm comfortable pants. Contact lenses must not be worn to the office. Remove all nail polish, makeup, perfume, powders, lotions, oils, watches and jewelry before arriving. Leave all valuables at home.
4. It is extremely important for us to know if there is a change in your health, especially **suspected or confirmed pregnancy** and the development of a cold or fever. Please inform our office of any change in your health prior to your appointment.
5. The use of "STREET DRUGS" (MARIJUANA, COCAINE, HEROIN, etc.) is strictly forbidden for at least 3 weeks prior to sedation and until full recovery is achieved. Any herbal medicine should preferably be stopped at least 3 weeks prior to sedation because their potential interaction with sedation is unknown at this point.
6. A responsible adult must accompany you to our office. He or she should also wait for you in the office while treatment is being performed and escort you home afterward. **You will not be allowed to leave alone by bus or taxi.**
7. Patient normally feels a bit drowsy after sedation. Do not drive a vehicle, operate potentially dangerous equipment or make any important decision until after full recovery, which normally takes no more than 24 hours.
8. Patient should stop smoking and refrain from alcoholic beverages for at least 24 hours before and after sedation.

INSTRUCTION FOR PATIENT SCHEDULED FOR ORAL SURGERY

WHAT YOU SHOULD EXPECT AFTER ORAL SURGERY

1. The wound will be painful for the first 48 hours.
2. For effective control of post-operative discomfort, 800mg of Ibuprofen (Advil or Motrin) should be taken 1 hour BEFORE surgery and thereafter 400mg every 4 hours for 2 day.
3. The gum and cheek will be swollen, and occasionally bruise, for about 5-7 days.
4. If anti-swelling drug is prescribed, 8mg should be taken in the morning on the day of surgery, 6mg in the nd day and 4mg in the rd day.
5. Cold pack might also be used if preferred.

WHAT ARE THE POSSIBLE COMPLICATIONS OF ORAL SURGERY

1. The surgical wound may become infected. (To prevent this, make sure you rinse your mouth frequently with warm salt water for the first week after surgery).
2. Adjacent fillings may be dislodged and adjacent teeth may be fractured.
3. There may be sinus perforation after upper molar extraction.
4. Jaw bone or tuberosity (bone behind upper wisdom teeth) may fracture during wisdom teeth extraction.
5. The roots of the tooth being extracted may fracture.
6. Although rarely happen, some people may experience short or long term paraesthesia (altered sensation) or anaesthesia (numbness) to the lip, cheek and tongue.