

DR. RICKY SEE & ASSOCIATES

PERIODONTAL (GUM) TREATMENT

WHAT IS GUM TREATMENT?

When you have an active gum problem, gum pockets or even abscesses, a simple cleaning will not be able to take care of the problem completely. Gum treatment is needed to bring the gum and supporting bone of your teeth back to health again.

EFFECTIVENESS OF GUM TREATMENT

Although gum treatment is pretty effective towards early gum problem, gum surgery may be necessary for more severe and long standing gum problems.

THINGS TO EXPECT AFTER GUM TREATMENT

Gum treatment may take 1-4 appointments to complete depending on the severity of the disease. Local Anaesthetic (Freezing) may be necessary to ensure your comfort during the procedure. It is not uncommon for patients to experience some discomfort around their gums for 2-3 days after gum treatment. Warm saline mouthwash (1 teaspoonful of table salt dissolved in a glass of warm water) as often as possible will help to alleviate the discomfort. Pain killers, like Advil will also help particularly during the first day. Don't be afraid if your gums are still bleeding when you leave our office. This normally stops by itself after a while and should raise no concern. Teeth may also be a little sensitive after gum treatment because the tartar and plaque that used to surround the teeth are removed during the procedure leaving the teeth surface exposed. Brush with warm water and try not to eat anything cold when your teeth are sensitive. Desensitizing toothpaste like Sensodyne-F should also help.

YOUR CO-OPERATION IS IMPORTANT!

As your dentist, there is only so much we can do. Your dedication to proper home care is also required for the long-term success of gum treatment. Gum treatment helps to bring your gum back to a healthy state. Proper home care, including brushing, flossing and other method of cleaning which we may recommend, is required to maintain it. Remember, teeth are meant to stay and function for a lifetime. Your dedication to proper home care and regular professional cleaning plays a vital part in achieving this goal.

WHAT'S NEXT?

We will see you on a regular basis after your gum treatment to check on the condition of your gum. If you can take good care of your teeth from now on, this may be the last gum treatment you ever need.