

DR. RICKY SEE & ASSOCIATES

CARING FOR YOUR VENEERS, CROWNS & BRIDGES

COMFORT

Your new veneers/crowns/bridges may feel strange and tight at first. You may also notice an increase in saliva. These are normal responses of your mouth to new objects and should raise no concern. Since your new veneers/crowns/bridges so closely resemble your natural teeth, these strange feelings usually go away in just several days. Speech is usually not affected.

EATING

You can eat immediately after we put your veneers/crowns/bridges on. However, if your mouth is frozen, we recommend that you avoid hot foods and beverages until the sensation of your tongue, cheek and lips return. Since the physical properties, including strength, of porcelain is so similar to enamel; your veneers/crowns/bridges are strong enough for most food. However, hard foods should always be avoided. As a rule of thumb, if something is hard enough to break your natural teeth, they may also damage your veneers/crowns/bridges. In the rare occasion if your veneers/crowns/bridges are broken or debonded, they might have to be remade or rebonded.

ADJUSTMENT

It is not uncommon for teeth to be a little bit sensitive immediately after we put the veneers/crowns/bridges on. This usually gets better by itself after a short while. If the discomfort worsen or if it persists, call for an appointment so we can find out the reason and deliver the necessary treatment. Although extreme care had been taken during the fabrication of your veneers/crowns/bridges, discrepancy may still occur, as human jaw movement is extremely complex and difficult to reproduce. Try eating different foods excepts extremely hard ones. If your new veneers/crowns/bridges feels long or the bite is uneven, call us immediately for an appointment and we will do the necessary adjustment. Porcelain is such a hard material that prolong grinding would only result in pain and damage to the veneers/crowns/bridges or your own teeth.

DAILY CARE

Your veneers/crowns/bridges are custom-built to restore the original colour, form and function of your teeth. They are fixed to your teeth and are not removable for cleaning. Just treat them as your normal teeth and remember to brush and floss them regularly. For patients having bridges, you will also need to clean underneath the artificial tooth with the help of "FLOSS-THREADER" or "SUPERFLOSS" everyday. Teeth would not get decay where they are covered by the veneers/crowns/bridges but the natural tooth structure next to them are still prone to decay if they are not taken care of properly. Remember, your veneers/crowns/bridges require the same amount of attention and care as your natural teeth in order to maintain their health and beauty. Your commitment to oral hygiene means that you can eat and smile with comfort and confidence for the years to come.